

Martin Community College Update on Coronavirus (COVID 19)

MCC's administration is closely monitoring the coronavirus (COVID 19) situation by reviewing regular updates from the CDC, the N.C. Division of Public Health, and the N.C. Community College System. MCC is prepared to act quickly in the event there are reports of symptoms of or exposure to the virus by our faculty, staff or students.

It is important for everyone to:

Remain calm: Most reported cases of the virus have been mild, and the CDC believes the risk to the U.S. from the virus is low.

Practice good hygiene: Wash your hands, sneeze and cough into your sleeve (not hand), and avoid sharing food, cups or utensils. Avoid people who are sick. Get a flu shot if you haven't already. This helps prevent the spread of influenza and colds.

Be informed: Review the Centers for Disease Control's information (<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>) about coronavirus and continue to check this page for further updates that relate to the campus community. For most people who have had the illness, symptoms lessened after several days. The symptoms include fever, cough, shortness of breath and sore throat.

Report symptoms: If you have traveled to any of the affected areas or have been in contact with someone who has a confirmed coronavirus infection and believe you are exhibiting symptoms, seek health care as soon as possible.

